Polski Związek

alpinizmu



**DZIENNIK TRENINGOWY**

nazwa zadania: *W górę – popularyzacja wspinaczki sportowej wśród dzieci i młodzieży*

realizowany w okresie od ................................ do ..................................

klub: ......................................................................................................................

trener: .................................................................................................................

 projekt został dofinansowany przez Ministetrstwo Kultury, Dziedzictwa Narodowego i Sportu w ramach programu „sport dla wszystkich“

**DANE OSOBOWE**

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**FREKWENCJA NA ZAJĘCIACH**

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**FREKWENCJA NA ZAJĘCIACH**

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**PLAN PERSPYKTYWICZNY**

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**NOTATKI I UWAGI**

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